

**ARE YOU CONCERNED ABOUT THE
BEHAVIOR OR EMOTIONAL WELL-BEING
OF YOUR LOVED ONE?**

Clinical Treatment Services:

- Mental Health Assessments
- Individual Therapy
- Family Therapy
- Telehealth/Teletherapy
- Psychosocial Rehabilitation (PSR)
- Basic Skills Training (BST)

Community Based Services:

Interventions skills taught by skilled Therapists, Qualified Mental Health Associates (QMHA) and Qualified Behavioral Aides (QBA). QMHA's and QBA's teach concrete interventions in the office, community, or in-home setting. These interventions include but are not limited to social skills, problem identification/solving, self-care, transitional living skills, time management, behavior modification, anger management, moral guidelines, emotional intimacy, self-reliance, and life goals. Services are provided in Las Vegas and in rural/frontier areas of Nevada.

We help with:

- Anxiety
 - Depression
 - Low Self-esteem
 - Anger management
 - Trauma
 - Post-Traumatic Stress Disorder
 - Social Integration
 - Transitioning from teen to adult effectively
- More...

Contact us:

Southern NV & Northern NV 702-538-9474

Fax 702-933-1437

Visit our website:

www.yourchoicebehavioral.com



Telehealth Services

- Mental Health Assessments
- Individual Therapy
- Family Therapy
- Telehealth/Teletherapy



**TRANSPORTATION IS NO LONGER A
BARRIER TO RECEIVE COUNSELING!**

New technologies have changed the way we communicate. Telehealth services are confidential using a HIPAA compliant user-friendly platform.

How can I connect with Telehealth services?

Clients can connect using a smartphone, tablet, or computer with internet connection. YCB staff will help test the device you plan to use for the session before services begin. The service can be from the privacy of your own home. A local clinic may be able to connect you with our services (call us to find out based on your location).

How do I sign up for services?

You can complete the intake form through our website and once we receive it, we will contact you. You may also contact the office at 702-538-9474 and we will get you set up.

Insurances Accepted: Medicaid FFS, Silver Summit Health Plan, Ambetter, Molina, Cash Pay